

Paradigmatic Participation

One way to live life is as our[true]self

So what? What now? Onward! It has been said with the best of intentions, that life is lived by trial and error. It is not. As an engineer – a creator and refiner – I know that trials yield outcomes. It's trial and outcome. Errors are the toxic droppings of a mind's unreasonable expectations. Discard them.

Living an authentic life is a continuing process: Pay Attention, Assess Situations, Consider Options, Choose the Better, Pay Attention... on and on. It's that simple and it's not easy, yet it is possible... in the moment, wherever we are, whoever we become, no matter what. All it takes is the courage to make the better choice – not the bravery needed in mortal combat, which demands cessation of contemplative thought – but a personal resolve to follow one's revealed way, the path *never* traveled before.

"Being alive is enough... What now?"

Gordon G Hill, Enthusiast
A Motivated Speaker & Writer
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Pondering the query,
*"I'm supposed to be
someone, but who?"*

an opinionation with

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Paradigmatism

Living as who we really, really, really are.

Paradigmatism? What's that? Never heard of it? I made it up. You can't do that. Sure I can, and did. It's creative which could be a human uniqueness.

In his book – Socrates, Buddha, Confucius, Jesus – Karl Jaspers identifies these four as Paradigmatic Individuals, meaning they lived as their[true]selves. That they had "great historical influence" is their distinction; that two were executed need be only a caution as we seek our unique paradigmatic way.

What is the nature of paradigmaticism? Quietude. Even when busier than a tap dancing millipede, we are calm within. We are – as peak performers say – "in the zone." Blissful. Mindful. Time flows.

Think about it. Each human life begins as a zygote, a single cell with unique DNA, which divides and divides and divides until the evolving embryo enters its new world, a babe, into a family, a culture, society and beyond, gathering personal perceptions through experience, reason and... imagination!

Each of us is an original equipped to live as who we really, really, really are. Let's go for it!

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Personal ParticipatiOn

We don't have a choice and yet, we do.

We live both as a part of – and apart from – a greater, wondrous whole. We do not choose whether to participate in life, only how... within limits, as endowed, often required, forever deciding.

Personal ParticipatiOn is life's opportunity. Its three Ps – one on the left, one on the right, one in the middle – our keys. Suppressing none, a paradigmatic embraces each fully toward personal fulfillment.

Psychologically symbolic, the left represents our Plan of Mind (Doing), the right is our Path of Heart (Being), and the middle is our Premise of Will (Seeing). Authentic living is born as we embrace all three in living as who we really, really, really are.

First Problem: No one – no one – knows who we are. Next Problem: Many think they do and say so. Transcending these two is a challenge. The Golden Rule (central in every life code I know) may be the acid test: "Do unto others..." which I interpret as helping: helping ourselves become our better self; helping others; helping the planet. Each one is an act of kindness: Kindness rules...

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