

## **Helping is What Living's About.**

It's that simple and it's not easy, but it is possible when we pay attention, focus, assess the situation, consider our options, then choose the better by...

- Helping ourselves become our better self.
- Helping others by encouraging their better selves.
- Helping the planet continue as a healthy home.

While each human life begins as a single cell, success begins when we first realize we are responsible for our behavior and accountable for our actions. It happened to me when my first love dumped me for being a jerk.

It takes courage to live as an original, not the bravery needed in combat, but a resolve to live as who we really are and continue becoming, in the moment, no matter what by helping ourselves, others and the rest of it..

**We're on a quest, we seek success  
To live our bliss, to feel the zest  
Which flows in life as our[true]self  
Engaging what is on our shelf.**

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